



Marking our Supercalifragilistic
Care Home Open Week 2022



Cambridge



Buchan House Care Home

Buchan House Care Home held an Open Day that featured a visit from a local school and a supercalifragilistic tea party!

They invited members of the local community to the home to enjoy a large feast of cakes, mini sandwiches, scones, and of course some tea. Mary Poppins also paid the home a special visit with her furry friend Lottie! It was a wonderful afternoon enjoyed by all, and everybody left with full stomachs and big smiles.

As well as this, the people living at Buchan enjoyed a wonderful surprise visit from a local school! The children from St Laurence's Catholic Primary School popped in with some hand-drawn cards for the Buchan House family. The residents were so touched and plan to visit the children in the coming months.



Fitzwilliam House Care Home

The people living at Fitzwilliam House Care Home wanted to get involved with the preparation as much as possible!

On Friday morning, many people helped the team make some delicious ginger biscuits while listening to the Mary Poppins soundtrack.





Glennfield Care Home



The people living and working at Glennfield were busy in the lead-up to open week, getting creative and making a Mary Poppins umbrella together to symbolise how they all live under the one roof together.

The team asked residents to share the things they enjoy about living at Glennfield and added their thoughts to which were then added to the piece. George wrote, 'The team are nice and help me a lot'; Maureen said, 'We are one big family', and Margaret shared, 'The food is good. I feel safe and content'.

Glennfield held their open day on Friday 1st July, and were joined by 'Banjo Man', Sean Moyses, who provided wonderful entertainment for the event. Everyone was honoured to be joined by the Mayor of Wisbech, Cllr Susan Wallwork and Deputy Mayoress Janet, who both joined them in the morning for a good sing along and a dance. Janet even had a go playing the banjo!

As always, residents very much enjoyed The Banjo Man, with many saying "I haven't heard songs like this in ages, its great!" and resident Ros sharing "The music is wonderful, just wonderful."

The home had their very own Mary Poppins, as Lifestyle Coordinator Katie dressed up for the occasion. She was joined by two chimney sweeps – the Home Manager Katy, and Excelcare's Dementia Lead Anne-Marie, who was visiting from Excelcare's Support Office.

After a yummy lunch of fish and chips, the people living at Glennfield made some kites with Mary Poppins, whilst singing along to 'Let's Go Fly a Kite!'.

Everyone had a fantastic day and look forward to the Mayor joining them once more for their Summer Fair on Saturday 16th July.

The Mayor said "Absolutely outstanding compassion and care shown by the team towards the lovely lot who live there. Their passion for caring needs to be recognised and celebrated."





Hunters Down Care Home

In the weeks leading up to Care Home Open Week, the people living at Hunters Down enjoyed making Mary Poppins decorations during their usual Arts & Crafts sessions. The activity tables were full of colour as everyone cut up paper and decorations to make some beautiful kites. The team then put the kites up throughout the home's communal areas, and the home felt extra bright and summery throughout!

On the first day of Open Week, the people living at Hunters Down enjoyed some friendly competition as they challenged each other to different games. They each played and cheered for each other, and shared prizes with one another.

In the following days, everyone continued their preparations for the big open day coming up on the Friday. The Lifestyle team organised a variety of activities such as baking and some more arts & crafts, where they made the goodie bags for their visitors.

Friday was the highlight of the week, as Hunters Down welcomed their local community. The day began with a Mary Poppins Parade. To the delight of residents, some of the team members dressed up as characters from Mary Poppins! With musical accompaniment, the team marched around the home, visiting every bedroom and lounge, as people enjoyed dancing and singing along with them.

“It was beautiful to see the bright and lovely smiles on each of their faces.” Said Lifestyle Coordinator Kristine.

Later in the day, the home hosted a lovely afternoon tea, and were joined by talented singer May Blossom, who performed different songs from Mary Poppins, along with resident's favourite tunes from throughout the decades. May Blossom also brought a special very guest with her – her dog, Harry. The people living at Hunters Down were delighted to see them both.

Everyone enjoyed the lovely sandwiches and scones that were prepared by the Kitchen team, along with some refreshing drinks. It was truly a practically perfect way to end a supercalifragilisticexpialidocious week!

The people living at the home loved the different activities as well as the special visit from Mary Poppins, and said that it brought back many happy memories from the past.

You can watch Hunters Down's supercalifragilisticexpialidocious parade on TikTok by clicking [here](#).





Primrose Croft Care Home

The people at Primrose Croft made the most of the sunny weather by hosting a party in their garden!



The team also invited local entertainer 'The BanjoMan' to come and serenade the people living at the home and members of the local community. It went down a treat, with plenty of dancing, smiling and singing.



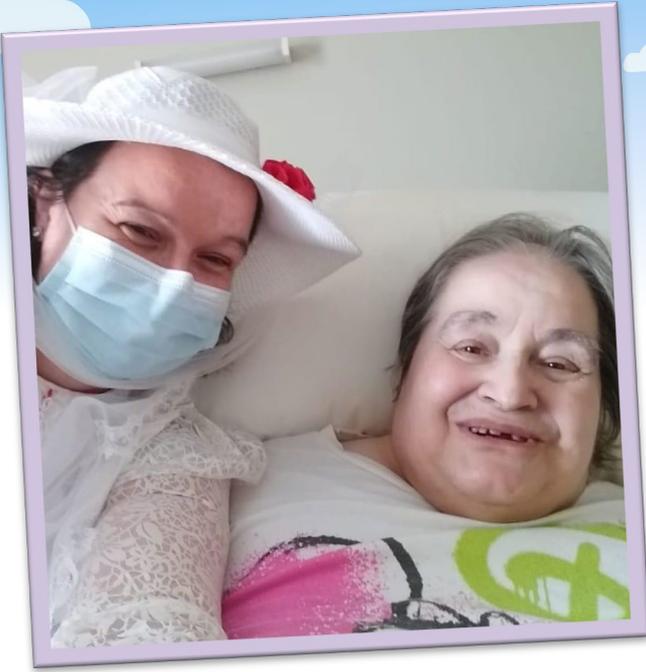
Rheola Care Home

The people at Rheola held an Open Day featuring food and entertainment.

Members of the local community were invited to join the home for a wonderful breakfast and a chat, and to stay for the afternoon performance at 2pm.

Hayley, the Community Champion from Tesco, came to visit for the special day. She had a great chat with everyone living in the home and said that it was a beautiful day.





St Georges Court Care Home

The people at St Georges Court got their best China out for this extra special week, and hosted an afternoon tea party with the people living at the home as well as members of the local community.

It was so great to see everyone join together as part of Care Home Open Week! Everyone truly joined together as one big community.

However, their very own Mary Poppins (Home Manager, Emma) made sure that no one was left out! She went around the units in her Mary Poppins costume to spread love and cheer to everyone who did not make it to the tearoom.

Essex

Abbot Care Home

The people at Abbot kicked off their Open Week with a visit from a special guest!

Councillor Andrew Johnson came to visit the home and was keen to talk to as many people living at Abbot as he could. This put a smile on so many people's faces!

The home would like to thank the Councillor for his visit. They hope to welcome him back when they open their new Jubilee Suite!





Ashlyn Care Home

Ashlyn started Care Home Open Week off with a visit from a local school.

Tany's Dell Primary School joined the people at the home for some Mary Poppins themed arts and crafts.

It was a wonderful morning filled with smiles and great conversation, and the home look forward to the children's next visit.

Goldenley Care Home

For Goldenley's open day, the home welcomed families along to join residents and team members as they all enjoyed a fantastic afternoon of Mary Poppins themed celebrations.

The big day started with an arts and crafts morning, hosted by Lifestyle Coordinator Faith started off the morning hosting doing arts and crafts with the residents decorating, Mary Poppins boards with tissue paper with lovely bright colours, Faith was very proud of her Carousel pony, and the residents thoroughly enjoyed doing the Mary Poppins.



Later in the afternoon, the home opened their doors for an afternoon tea, which included some lovely cupcakes made by the home's Chef, Sharon, and cakes donated by Karen, the daughter of Iris, who lives at Goldenley. Resident Alan and his family were particularly fond of the cakes!

Throughout the event, everyone at Goldenley enjoyed singing along to a selection of songs from the 1964 feature film.





Lime Court Care Home

The people at Lime Court had a wonderful time joining in with the supercalifragilistic group Mary Poppins singalong!

The event was hosted at their sister home, St Fillans, and broadcast live to every Excelcare home via teams. The people at Lime Court got very involved and had a wonderful time singing through the screen.

Sherrell House Care Home

Lots of excitement was felt at Sherrell House as the team dressed up to host a short 'Mary Poppins Musical' as part of Excelcare's group video. Everyone was really up for the challenge, and had great fun rehearsing and everyone shared in laughter as it took quite a few outtakes before the final result! The people living at Sherrell House loved the team's outfits and even tried to guess who was hiding behind each costume.



On the Tuesday, all of the Nurses and Team Leaders chose to wear their Mary Poppins outfits, and spread some joy as they carried out their daily routines in the most delightful way. "It is always great to see our team being so motivated and involved with activities and events taking place in the home." said Lifestyle Coordinator, Astrid. "The costumes sparked great memories for residents, as they admired the different attire and colours!"

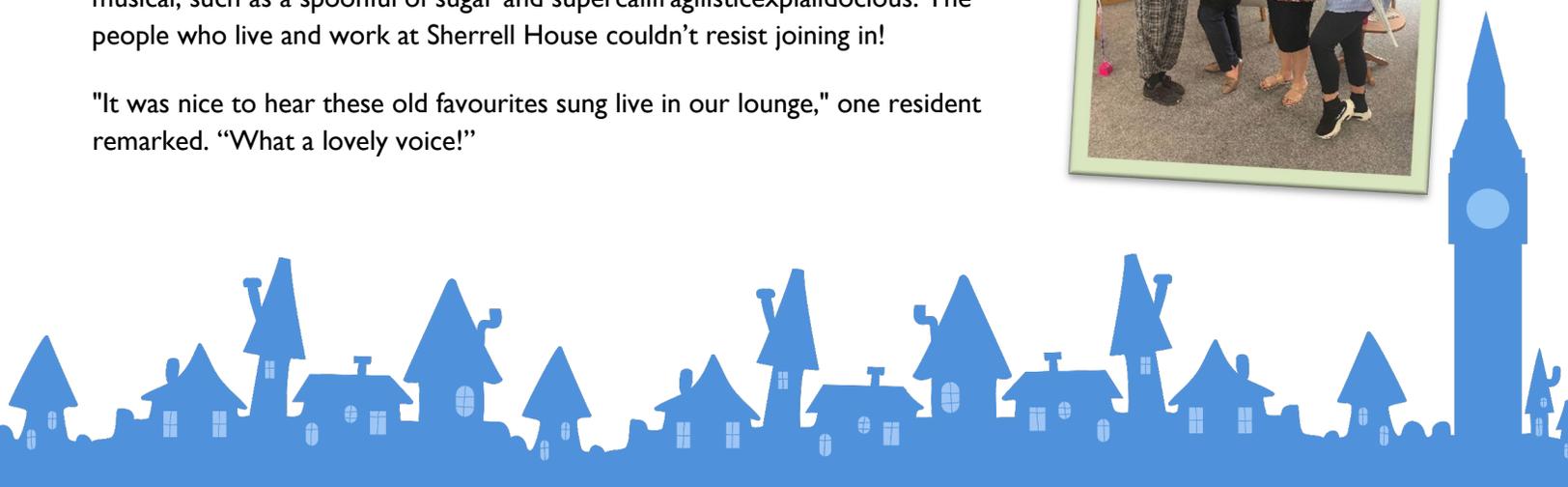


The home's very own Mary Poppins also had her magic bag on hand, filled with sweets and other delicious treats for everyone at Sherrell House!

On the Wednesday, there was music and smiles all around, as the team hosted an afternoon tea party with cakes that had been freshly prepared by the home's Lifestyle Coordinator and Kitchen Assistant James! These went down a treat with a hot cup of tea!

A special guest; a very talented entertainer performed favourites from the 1964 musical, such as a spoonful of sugar and supercalifragilisticexpialidocious. The people who live and work at Sherrell House couldn't resist joining in!

"It was nice to hear these old favourites sung live in our lounge," one resident remarked. "What a lovely voice!"





St Fillans Care Home

St Fillans celebrated Care Home Open Week in style, with a Mary Poppins sing-along!

Mary Poppins Tribute UK was welcomed to St Fillans for an afternoon meet and greet, and put on a sing-along show which was streamed on their Facebook page, and to all of the other homes in the Excelcare family. It truly was a supercalifragilistic performance!



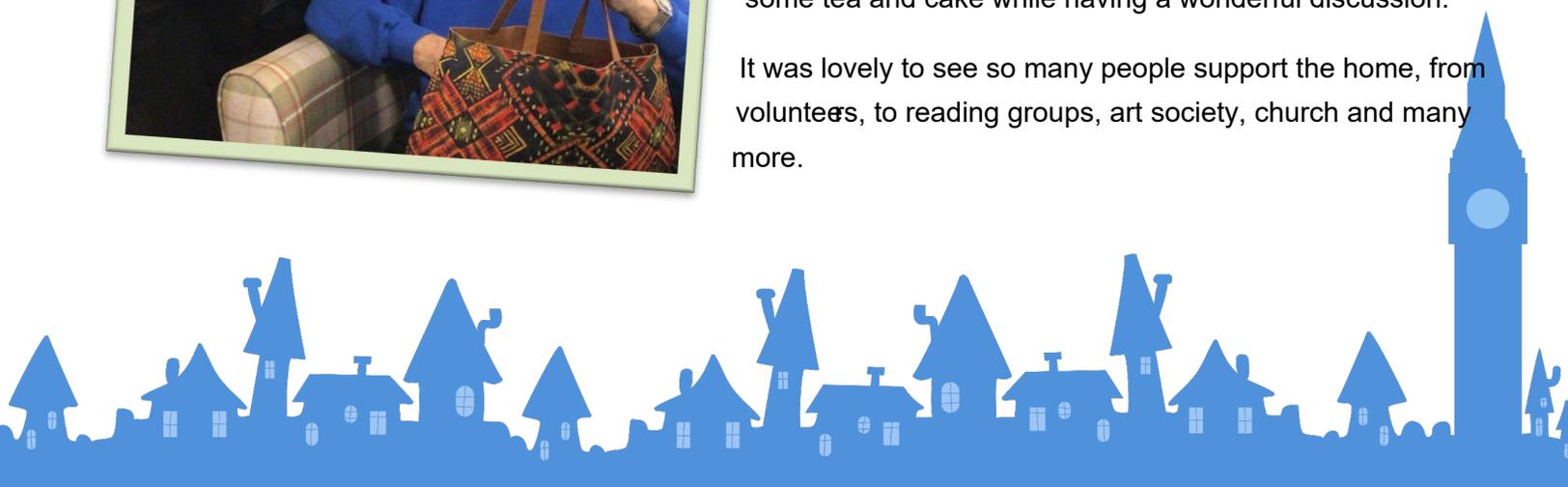
Stanley Wilson Lodge Care Home

Stanley Wilson Lodge opened their doors on the Friday for a supercalifragilistic Open Day!

Mary Poppins made a special appearance, saying hello to as many people at Stanley Wilson as she could. She even let some of them hold her magic bag!

Patrick belted out some great tunes all from the Mary Poppins soundtrack, of course. And then everyone enjoyed some tea and cake while having a wonderful discussion.

It was lovely to see so many people support the home, from volunteers, to reading groups, art society, church and many more.





Sweyne Court Care Home

Sweyne Court celebrated throughout the week with loads of different activities.

On Thursday they had a proper Mary Poppins tea party, bringing out their finest China and an assortment of cakes, tea and biscuits.

Then on Friday, they were honoured to welcome chimney sweep Liam Kinsella, to come and pose with their very own Mary Poppins! It was a wonderful visit, and the people at the home had a fantastic week.



Winifred Dell Care Home

Winifred Dell Care Home held their Open Day in style, with everyone dressing the part! The team dressed for the occasion in various Mary Poppins themed costumes to really make the day feel special.

The day itself featured a variety of different Mary Poppins activities for their wonderful visitors and all of the people in the home. There were word searches and colouring sheets available, which everyone got stuck into with smiles on their faces.



As a special treat, Lifestyle Coordinator Clare organised some live entertainment for all of the attendees. Glen arrived in the morning to sing to Sandringham and Buckingham, and Jane arrived in the afternoon to serenade Windsor and Balmoral. However, in between the acts, Carer Paul sang for everyone as well and invited them to get involved!

The home ran a tombola throughout the day, featuring a variety of donated gifts. Thanks to every single item being donated, the home were able to keep all of the funds raised from the tickets, which will be going directly into their activities fund. Now, the home has an extra £40 that they can use for day trips and petting days.

The team at Winifred Dell would like to thank everyone who attended their Open Day, as well as the wonderful entertainers.





London



Park Avenue Care Home

The people at Park Avenue held a Mary Poppins themed afternoon tea, welcoming members of the local community to come and join them.

Everybody made a real effort dress for the occasion, with a variety of wonderful dresses and fascinators on show!



Queens Oak Care Home

The Lifestyle Coordinators at Queens Oak decided to make the most of the sunny weather, and organised an Open Day party outside!

Team members, residents, family and members of the local community all gathered for the special occasion.



The home's reception was decorated beautifully, with bright and colourful kites and decorations hanging from the ceiling. As well as this, there was a supercalifragilistic sweetieley there to welcome all the guests with their own spoonful of sugar.



The day came complete with entertainment, as MJ Sounds joined the home for a live performance. The duo got everybody on their feet dancing, and resident Herbert got up to sing a song for his wife!

There was a wonderful selection of food and snacks that were lovingly prepared by the kitchen department, and Raul from London Regional helped out at the BBQ, serving burgers, hotdogs and much more.

People also delighted in face and body painting by the talented Rosy Posy Face and Body Art. And they concluded the day with a "spoonful of sugar race", which had everyone laughing and smiling.





Westport Care Home

Westport celebrated Care Home Open Week with a cheese and wine afternoon.

Everybody had a great time tasting the wide selection of cheese and discussing their favourites with a nice glass of wine.



Milton Keynes



The Willows Care Home

The people at the Willows had a supercalifragilistic day celebrating Care Home Open Week with their very own Mary Poppins and chimney sweep!

Everybody enjoyed live entertainment from Neil Richardson as well as a lovely afternoon tea with some beautiful cakes.

Water Hall Care Home

Water Hall held a party for their Open Day, inviting families and the local community to come and join them.

There was lots of dancing and plenty of smiles, and everyone had a wonderful day!





Support Office

As well as many members going out to visit the homes, the team at the Support Office in Bromley were treated to a whole week of superfragilistic Care Home Open Week celebrations!

On Tuesday they had a practically perfect visitor: Mary Poppins herself came down to wish everyone luck on their Open Week plans. Everyone posed for pictures and had a conversation with Mary, whilst tucking into a spoonful of sugar that was left on reception.



Wednesday was the day of the group virtual singalong, and COO Sam Manning made it extra special by leaving popcorn on reception. Everyone sat with their boxes of popcorn as they sang along to the Mary Poppins songs.

On Thursday, team members were invited to take part in an egg and spoon race around the building! There was a lot of competition, with some people resorting to some interesting tactics, but in the end we walked away with 3 winners. Congratulations to Kacey, Alvin and Raph who won their respective races!

To conclude the week, there were cupcakes for everyone on reception, which they were extremely thankful for.

