



# When my Mummy went to work



*Excelcare*   
The premier care provider



By Stephanie Wright, Excelcare, Cambridge  
Illustrations by children who are friends of Excelcare



I started school and my Mummy  
got a job!



My Mummy is a Healthcare  
Assistant and she is my hero!

When she isn't at home with me  
she is looking after people who  
need her help.





My mummy went to work and  
while she was there she...



Made lots of friends and came  
home really happy!





My mummy went to work and  
while she was there she...



Made a cup of tea for a man  
named John, who was in the  
Royal Navy and fought for  
our country in World War 2!  
He told Mummy lots of  
war stories.





My mummy went to work and  
while she was there she...



Helped a lady get  
dressed who used to  
make dresses for  
the Queen!





My mummy went to work and  
while she was there she...



Sat with a lady called Lily in the  
garden, who showed her how she  
grows huge tomatoes!  
Lily talked about how she used  
to grow vegetables with her  
husband and together they  
planted more tomato seeds.





My mummy went to work and  
while she was there she...



Helped a man called Michael  
with his leg exercises. He told  
mummy how he used to play  
football at Parkers Piece which  
is where the first official rules  
of football were played!





My mummy went to work and  
while she was there she...



Comforted a lady called  
Mabel who has dementia and  
can sometimes get upset and  
confused, although she is 86  
sometimes still looks for her  
mother.

My Mummy sat with her and  
talked about lots of lovely  
family stories and what a lovely  
lady Mabel's mother was.







My mummy went to work and  
while she was there she...



Read a newspaper to a man  
named Gilbert, who used to be  
the Mayor of Cambridge.  
He and told my Mummy lots  
of stories about all the buildings  
he opened!





My mummy went to work and  
while she was there she...



Helped a lady called Doris hang  
beautiful paintings on the wall  
that Doris had once upon a  
time painted.

My mummy then helped Doris  
get everything she needed to  
start painting again and Doris  
was very happy!





*Why not visit your local  
Excelcare Home?*

*There is always a warm welcome  
for all.*

*Come and meet our heroes!*



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We are an equal opportunities provider.*