

# STANLEY WILSON LODGE

Stanley Wilson Lodge  
Four Acres  
Saffron Walden  
Essex  
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*Premier Care in your area*

## **Information Pack**

Providing Residential, Nursing and Dementia  
Care for the Elderly

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# Providing Residential Nursing and Dementia Care For the Elderly

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This Statement of Purpose has been produced to meet the requirements of Regulation 12 and Schedule 3 of the Care Quality Commission (Registration) Care Home Regulations 2009

If you would like a copy of this document in Braille, on Audio or in a different language please ask the General Manager.

# Introduction

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This section gives a brief description of Stanley Wilson Lodge and our aims. It also sets out our commitment to provide a high quality service

## Welcome to Stanley Wilson Lodge:

On behalf of the Senior Management Team and all the staff we would like to extend a warm welcome to you. The management and staff team at Stanley Wilson Lodge are committed to providing the very best quality of care for our Residents.

We hope that you find the information in this document useful and informative. It contains detailed information about our aims and objectives, our philosophy of care, facilities and services, staff and organisation, and our care arrangements. It also contains brief answers to many questions often asked by potential and new Residents.

Additional copies are available in Reception or can be requested from the General Manager, Care Manager, Administrator, Registered Nurses or Team Leaders.

If you require any more information or have questions about Stanley Wilson Lodge and the service we provide, please do not hesitate to approach any member of our staff team who will be happy to give you more detailed information. Your comfort, care and wellbeing are always very important to us.

We will always remember that you are an individual and this will always be our priority when planning your care.

Throughout your stay with us, we will endeavour to ascertain your preferences and choices in all aspects of your care.

At Stanley Wilson Lodge we aim to offer a home from home feeling with the added assurance of a safe environment. We aim to make the difference by offering care with integrity.



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### About Our Home

Stanley Wilson Lodge is a 75 bed purpose built care home in Saffron Walden Essex, situated over three floors. Permanent care in a residential setting is provided for 23 Frail Elderly Residents: Nursing care to 18 Residents and Dementia care is provided on the first floor for 34 residents. All areas of the home are accessible to accommodate wheelchair users.

Stanley Wilson Lodge is registered with the Care Quality Commission to provide the following activities:

- ◆ Accommodation for persons who require nursing or personal care.
- ◆ Treatment of disease, disorder or injury.
- ◆ Diagnostic and screening procedures.

The home is within walking distance of the local shops, a post office, banks, church, supermarkets and bakers along with pubs and restaurants.

There is also a local bus service to Cambridge and Bishops Stortford Towns where there are large indoor shopping centres which have a wide range of high street chain stores.

The Registered Provider of the home is Saffron Healthcare Limited which is part of Excelcare, a private care company that has been operating since 1989. Excelcare currently operate homes for older people and younger adults in Southeast London, Cambridgeshire, Milton Keynes and Essex.

### Our Aims

Our aims are to provide a caring and secure environment within which Residents are treated with respect and regard for their dignity and well being.

## Mission Statement

The company is an experienced, professional care provider committed to the delivery of a quality care service to adults and older people through nursing, residential and the provision of domiciliary services

## Home Objectives

### Care

- ❖ To ensure that services are delivered within the framework of the Health and Social Care Act 2008 (Regulated Activities) Regulations 2009, and the Care Quality Commission (Registration) Regulations 2009.
- ❖ To ensure all Residents are actively involved, where possible, in devising their own personalised, assessed needs and abilities Care Plan.
- ❖ To ensure all care plans and risk assessments are reviewed no less than once a month.
- ❖ To promote local community links.
- ❖ To meet cultural, spiritual, social and diversity needs of Residents.
- ❖ To provide regular activities - both inside and outside of the home.
- ❖ To ensure residents/relatives meetings are held at least 6 times a year.
- ❖ To compile a regional newsletter for circulation every 3 months.



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Statement of Purpose

## Hotel and Housekeeping

- ❖ To promote health and safety within the home with regard given to providing an environment which is clean, safe and beneficial to Residents.
- ❖ To maintain the quality of buildings and grounds on a planned basis.
- ❖ To ensure that all menus are reviewed at least four times a year and to use seasonal foods and incorporate residents choices.

## Staff

- ❖ To ensure all staff receive a full and comprehensive induction programme.
- ❖ To facilitate staff training and supervision on an ongoing basis with annual personal development reviews.
- ❖ To ensure that staff adhere to the Company code of conduct, policies and procedures.
- ❖ To hold staff meetings once a month.
- ❖ Maintain the dignity, privacy and respect of the Residents at all times.
- ❖ Assist Residents to maintain their independent living skills for as long as they are able.
- ❖ Ensure Residents retain their rights as citizens.
- ❖ Offer support to the family and friends of each Resident during the pre and post admission stages, with continuing support throughout the Residents permanent care.
- ❖ Promote good care practice and maintain good working relationships with other professionals.

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## Philosophy of Care

Our aim is to look after our Residents in a “home from home” environment creating a homely atmosphere and quality care services which meet the individual needs of each person.

We regard each Resident as an individual with their own rights to voice opinions, make choices, and be kept well informed about their identified needs and the way we will help meet these.

We offer at all times, sensitive and conscientious nursing and personal care from our team of competent and committed staff who have an understanding of the needs of elderly people.

We have staff available who are willing and happy to advise and assist with personal problems. We believe in the value of having each resident allocated a key worker. It is an important part of our philosophy to provide care with respect to privacy and dignity. Care Plans are established from an assessment of individual needs and ensure the information available guides us on how best to provide care.

We strive to maximise the autonomy of Residents, and maximise their independence.

We are also aware of the spiritual requirements of the individual and act accordingly to ensure those needs are met.

It is an important part of our philosophy to provide quality care. Respect for the privacy and dignity of each individual being uppermost in our minds. Care plans are established from an individual assessment of needs to ensure the retention of dignity and as much independence as possible.

With the consent of Residents with capacity, we encourage the involvement of families and their participation in regular assessment and care planning for Residents whilst observing the rights of Residents to personal privacy.

Above all, we will strive to create a home, where in comfort, safety and security, the Resident can be the individual that he or she has always been.

We believe life history is fundamental to care planning. It allows the staff to have an in depth understanding of the Residents background and social history.

We believe that all Residents are individuals and therefore we individually assess each Resident prior to admission and on admission.

With the involvement of Residents and support of the family we devise person centred care plans which assist us to ensure our Residents receive the highest standard of care.



## Providing Residential Nursing and Dementia Care For the Elderly

# Facilities and Services

## 2

This section describes:

- ◆ Our Accommodation
- ◆ Meals, Mealtimes and Kitchen Facilities
- ◆ Arrangements for Personal Medical Care
- ◆ Arrangements for Accommodating Service Users Personal Possessions.

## Accommodation

Number of Lounge/Diners	4
Number of Therapy/Activity/Quiet Rooms	7
Number of Smoking Rooms	3
Number of Assisted Bathrooms	4
Number of Toilets (not en-suite)	8
Number of Lifts	2
Number of Single Bedrooms (en-suite)	75

## Bedrooms

Gainsborough Unit	Number of Rooms: 23
Reynolds Unit	Number of Rooms: 22
Turner Unit	Number of Rooms: 12
Constable Unit	Number of Rooms: 18

Bedroom sizes are a minimum of 18.46m<sup>2</sup> to a maximum of 19.90m<sup>2</sup>

## Fees

Saffron HealthCare Centre accepts placements from private individuals and Essex County Council.

Fees for private individuals start from £1055.00 and are determined by the level of dependency and the needs of the Service User following an assessment by the home.

Individuals may, subject to a financial assessment, be entitled to local authority funding. The home will contract directly with the local authority on such occasions.

All fees are subject to annual reviews and changes in dependencies.

NB – FOR HOMES WITH NURSING ONLY

If the Service User has been awarded a nursing contribution, this will be deducted after a full nursing assessment has been completed and approved.

All Service Users will receive either a statement of terms and conditions in respect of the accommodation provided or a contract if they have purchased their accommodation privately.

The contract and statement of terms and conditions will detail the following information:

- Room which will be occupied
- Care and services (including food) covered by the fee
- Fee payable and by whom
- Additional services to be paid for over and above those included in the fees
- Rights and obligations of the service user and registered provider and who is liable if there is a breach of contract
- Terms and conditions of occupancy, including notice period.



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## Additional information

### Garden Facilities

Enclosed, landscaped garden with wheelchair access at the rear of the home.

### Telephone Access

A public telephone is situated on the ground floor for Service Users to use; alternatively, the Service User can request private access to the telephone in the Home Administrator's Office. Should a Service User prefer to install a private telephone in their room, the home will assist to coordinate the installation through BT, once an agreement has been made that the Service User will meet the installation charge and future running costs.

### Security

The main door can only be opened by the remote release by staff via the homes telephone system, once the button is pressed on the wall of the front entrance. The front door would only be open if the receptionist is at their desk. All staff are aware of the importance of security and visitors are requested to sign in and out of the Visitors book.

### Fire Protection

The home is equipped with fire extinguishers, which are annually checked by the fire service.

A fire alarm system is in place and tested on a weekly basis, smoke detectors are placed around the home and also checked on a regular basis.

The fire procedure is on display throughout the home.

All staff receives full fire training.

### Furniture provided

Each bedroom is provided with -

- ◆ A single bed
- ◆ An armchair
- ◆ A bedside cabinet
- ◆ A wardrobe
- ◆ A chest of drawers
- ◆ A bedside table

## Meals

Fresh, home cooked traditional meals are prepared daily by our chef and their team. We cater for special dietary needs and cultural preferences; meals are well balanced nutritionally and tasty. We will ensure that our menus reflect Residents choices and requirements.

Our team of catering staff will provide a menu that rotates on a 4 weekly basis. This will be changed to take into consideration seasonal produce available locally.

We encourage all Residents to be involved in menu planning and our chef will visit Residents to ensure active involvement is available.

The home offers breakfast, lunch, an evening meal and supper with snacks and drinks provided during the day and night.

Visitors are welcome to dine with Residents for which a small charge will be made. Notice will be required.

## Mealtimes

Breakfast is served between 8.00am and 9.30am

Lunch is served between 12.30pm and 1.30pm

Evening meal is served between 5pm and 6pm

However at Stanley Wilson Lodge we support Individual choice and mealtimes can be flexible to suit individual residents requests.

We have a 'Protected Meals' policy in place which is displayed throughout the home and asks visitors to avoid visiting during mealtimes unless they are dining with the Service User. This enables our Residents to enjoy their meals without any interruption.

## Kitchen Facilities

The kitchen facilities meet the standards set out by the Environmental Health Department and are inspected at least yearly by an Environmental Health Officer.

Stanley Wilson Lodge currently holds a '5 Star' certificate issued by our inspector following an inspection held in January 2017.

The main kitchen facilities are not accessible to Residents and visitors due to Health & Safety and Food Hygiene Regulations, however there are kitchenettes on each unit which are equipped with tea and coffee making facilities where Residents and visitors can help themselves to hot and cold drinks. Also within the kitchenette area there is a fridge, microwave and toaster where snacks can be prepared.



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## Personal Care

### Qualified Care Staff

Staff are always on duty to plan and supervise Residents' care, ensuring the highest standards at all times. GP's, District Nurses and Primary Care Team staff will visit Residents as needed and appropriate. Residents where practical will be able to retain their own Doctor.

### Optician and Dentist

Home visits will be made as requested and appropriate, although Residents are free to make their own appointments if preferred.

### Physiotherapy

This can be arranged as necessary.

### Therapist

We have a visiting Therapist who offers various treatments and details can be provided on request

### Chiropodist/Podiatry

A private Chiropodist/podiatrist visits the home on a regular basis; a charge will be made for this service which will be billed to the Resident. Should an NHS assessment be required our staff will be happy to advise on this.

### Hairdressing

A Hairdresser visits Stanley Wilson Lodge on a regular basis, details and price lists are available on request.

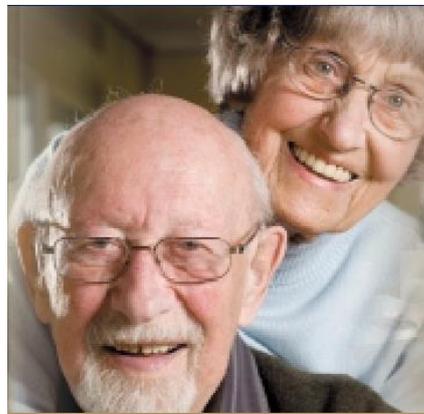
### Shopping

Where appropriate we encourage Residents to go shopping on their own or with relatives and friends. Where this is difficult staff will assist Residents by purchasing goods on their behalf or will arrange a shopping trip.

### Laundry

Laundry is undertaken within the home. All personal clothing should be clearly labelled prior to admission. There are no facilities at the home for Residents to do their own laundry.

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### Laundry Services -precautions

#### Dry Cleaning Garments

Some fabrics are too delicate to be washed in water, and may therefore have a dry cleaning symbol on the label this is in order to preserve the shape, colour and integrity of a garment. We ask that you be mindful of this and ensure such items are not put into the home's laundry as the home cannot be held responsible for damage caused to such items of clothing.

#### Clothes Labelling

Clothing is key to our personal identity and when a favourite shirt or blouse goes missing it can be very upsetting for all concerned.

The traditional methods of sewing in, or ironing on labels do not always prove robust enough when clothing needs daily washing. Labels can come off during the laundry process and may need to be re-done on a regular basis, which is very time consuming. Unsightly marker pen not only ruins the garment but washes off very quickly.

Within Excelcare we recommend using a clothes label called 'Attach-a-Tag' it has proved successful at reducing lost laundry it is a simple, quick and secure attachment device means that the tag will stay on the garment until it needs to be removed. The ergonomically designed shape, coupled with its discrete size means that it is barely discernible by the wearer.

We do not recommend using Attach-a-Tag for socks and stockings and tights collectively also underwear Attach a Tag sell mesh laundry bags to increase efficiency and reduce handling of these garments. The mesh bag then has a tag applied to the label for identification. The Mesh bags cost around £3.00 each inc. VAT.

The laundry at the home have the applicator that can attach the tags for you or if you prefer you can purchase a Dolphin applicator to attach the tags yourself; it is very easy to use and cost around £22.50 inc. VAT.

The tags themselves costs around £11.75 inc.VAT for 30 tags and £16.75 inc. VAT for 50 tags – you can either order online; call the company direct or ask our Receptionist/Administrator to assist you with ordering these.

## Personal Insurance and Security of Valuables

Residents and their families are advised that when taking personal furniture, mirrors, and ornaments to the home, the company insurance limit for replacement is £500 and therefore it is advisable to consider having insurance in place should the items value exceed our insurance limit.

With personal items of jewellery, it is advised that thought be given to how items will be safeguarded from loss when in possession of the Resident. Although a lockable cabinet is provided in bedrooms and there is the use of the homes' safe located in the manager's office, there is always a potential risk of loss. The insurance limit is £500, and claim for loss would require proof of valuation and of the jewellery having been entered on an inventory at the time that the Resident became resident at the home. Residents or their families may wish to consider having a photo taken of jewellery, or agreeing that the home do so, to assist staff should an item be lost. Personal insurance for valuable items is advised.

Residents need to be aware that the replacement costs of expensive hearing aids and spectacles will be limited by our insurance cover and proof of value will be needed in the event of a claim for lost items. Personal insurance for valuable items is advised.

### Personal Telephones

All bedrooms have telephone sockets in place and Residents are able to arrange a private direct dial telephone for their room if they wish. The cost for connection and all bills will be met by the Resident.

Resident's personal mobile phones are acceptable within the home. The costs incurred will be met by the Resident.

### Arrangements for Pets

Stanley Wilson Lodge has a pet's policy which can be discussed with the General Manager.

Visitors are permitted to bring well-behaved pets into Stanley Wilson Lodge with prior consultation and at the discretion of the General Manager.



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## Locks and Keys

Should Residents require further privacy, a key to the bedroom door is available, however a master key will be held by the management to use in an emergency.

## Gifts and signing Legal Documents

It is a management concern that Residents may place members of staff in a difficult position by asking them to accept money or to assist them with the preparation of a will or any other document purporting to bestow property. Residents may bequeath to employees gifts that could later be disputed by the resident/next of kin/significant other or other beneficiaries. This could cause embarrassment both to the member of staff concerned and to the care home/service; consequently it is company policy for staff to politely decline the gift.

In order to reduce the risk of accusations of undue influence the management have drawn to the attention of staff the dangers that exist and have advised staff should not accept gifts or money from Residents.

If, however, a Resident is insistent on making a gift the staff member must seek advice from the Management who may arrange for them to discuss the issue with a senior officer of the registration authority. In addition staff are instructed not to help or offer advice upon the preparation of wills, deeds or gifts and are instructed that they can not witness the signature of a Resident or relative on this type of documentation.

If a Resident wishes to make a will, assistance can be offered by the home in order to obtain information about services that offer a will writing service.

## Moving In and security of your personal possessions

Once you have chosen the home that is right for you, we will, if requested by you and your family or social services, advise on your move in arrangements, but not be responsible for the costs or organisation. Similarly, we will advise on what personal possession you need to bring, insurance arrangements you may want to consider and the safety checks needed for equipment.

When you arrive, the staff will help with unpacking and if you have not completed one in advance, will make an inventory of all possessions you can request a copy of the personal possessions form from the home to fill in before you arrive. The form sets out all property brought in on the day of admission.

Please ensure you include items worn on the day of admission. The form will not record items brought in, removed or replaced at a later date; it is therefore advisable that if there are any subsequent changes to personal possessions that you ask a member of staff to update the form held within your care plan and provide you with a copy.

It is important that items listed on the form are given detailed descriptions and where possible photographs taken and supplied with the form and kept on your care plan file.

For the sake of security it is not advisable to hold valuable jewellery or large amounts of cash in the lockable drawer in your room.

We regret that although the home has a safe we cannot store items of jewellery or large amounts of cash for residents.

Please note that we cannot be responsible for the loss of jewellery, cash or other valuable items. Property is brought into the home at the owner's risk and we advise you to take out your own insurance policy cover before becoming a service user.

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# Staff and Organisation

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This section describes the Organisation of Stanley Wilson Lodge and the Management and Staff with details of their experience and qualifications.



## Registered Provider, Responsible Individual and Home Manager

### **Name and address of Registered Provider**

Saffron Healthcare Limited

Four Acres

Saffron Walden

Essex

Tel: 01799 529189

Fax: 01799 529190

Email: [sue.clayden@excelcareholdings.com](mailto:sue.clayden@excelcareholdings.com)

### **Responsible Individual – Helen Bennett**

#### **General Manager – Sue Clayden**

Sue has NVQ Levels 2, 3 and 4 in Health and Social Care, together with the Registered Managers Award., Certificates in Dementia Care and Palliative Care.

Sue has worked in the Care Sector for 22 years and has significant home management experience over the last 11 years.

#### **Care Manager – Shilpa Eapen**

Shilpa is a Registered Nurse, a member of the Nursing and Midwifery Council (NMC) and The Royal College of Nursing. Shilpa holds a Bachelor Degree in Nursing Science and a Diploma in Mentoring.

Shilpa joined Stanley Wilson Lodge as an RGN in October 2011 and has been an eminent part of the Nursing Team since then. Shilpa has worked in the Health and Social Care sector for over 10 years. Her experience covers Emergency Nursing, Critical Care (ITU) Nursing and Elderly Frail Nursing. Shilpa is a very experienced nurse and has in depth clinical knowledge and skills.

Shilpa is Sue Clayden's deputy and in charge of the home when the General Manager is not present.

#### **Administrator**

Our Administrator is responsible for all aspects of administration within the home.

#### **Receptionist**

Our Receptionist/s are responsible for dealing with all incoming calls and meeting and greeting visitors to the home.

#### **Staff nurses**

Staff nurses organise the running of their shifts and the staff who are on shifts. They will have a Registered General nurse qualification.

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## **Team Leaders**

Team leaders organise the management of their shifts and the staff who are on duty. They will either have an NVQ in Health and Social Care or be working towards it and have a minimum of two year's experience of working in a care home environment.

## **Senior Carers and Care Assistants**

Senior Carers and Care Assistants deliver care to Residents under the guidance and instruction of senior staff, taking into account individual preferences including gender, religion, diversity cultural and linguistic backgrounds whenever possible. Senior Carers have an NVQ in care and care assistants are encouraged to gain this qualification.

## **Activities Coordinator**

Our Activities Coordinator provides opportunities for meaningful and purposeful activities and outings planned through a structured programme following discussions with Residents and families.

## **Housekeeper**

Our Housekeeper and the team of domestic and laundry staff are responsible for ensuring the highest level of cleanliness is maintained throughout the home and laundry this is undertaken with care and attention to infection control guidelines.

## **Chef**

Our Chef is responsible for the day to day running of the main kitchen ensuring that all catering needs are met and that the kitchen meets the regulation standards.

## **Maintenance Manager – Alex Eley**

Alex is responsible for ensuring all our homes across the Essex region are well maintained and fit for purpose. He manages a team of 6 maintenance engineers and 2 gardeners, this team carries out the vast range of work required to keep our homes in tiptop condition. The team covers general repairs and maintenance of the buildings, services, grounds, facilities and equipment. The team also offer assistance in personalising a Residents' room with pictures and shelf hanging as an example.

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## **Staff Training**

All staff attend training courses when they first start working at Stanley Wilson Lodge and attend refresher courses throughout their employment.

### **The mandatory training for all staff includes:**

- DoLS (Deprivation of Liberty Safeguards)
- SOVA (Safeguarding of Vulnerable Adults)
- Fire Awareness
- Health and Safety
- COSHH (Control of Substances Hazardous to Health)
- Manual Handling
- Food Hygiene and Safety
- First Aid
- Dementia
- Infection Control
- Equality and Diversity

## **Employee of the Month**

The aim of the employee of the month scheme is to recognise and reward the hard work and dedication of all staff. It is an opportunity for residents, relatives, professional visitors and colleagues to show their appreciation for the care, support and assistance provided by an individual, by nominating them to receive the award. Nomination forms are placed in all main areas of the home, i.e. on the notice board, in the office and on request. The form contains further information about the scheme and gives you the opportunity to let us know who in your opinion has offered outstanding care and support or whose work has made a real difference in the team in which they work. The nomination forms should be returned to the Home Manager who will meet with a judging panel on a monthly basis to consider the nominations and agree on an Employee of the Month.

# Care Arrangements

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This section describes the Care Services offered at Stanley Wilson Lodge and recognition of the Rights of our Residents.



## Admission Criteria

### Procedure

Prior to agreeing to the admission of a potential Resident, the General Manager, Care Manager or a suitably qualified member of staff will visit the intended Resident at home or in hospital, unless the Resident prefers to visit the Home and is able to do so. At this time, the needs of the Resident will be discussed. The draft care plan from Social Services will be used where appropriate, in conjunction with the Excelcare pre-admission assessment and draft care plan.

The General Manager, Care Manager or member of staff will ensure, as far as it is possible that both the potential Resident and their family/representative are fully informed of the scope of services and facilities available at the home within the Statement of Purpose.

Once a date for admission and a fee rate has been agreed (if appropriate), the following Home Pack is given to the Resident and or their family/representative incorporating the following.

- ◆ Statement of Purpose
- ◆ Terms and Conditions or Contract for private Residents.
- ◆ For Local Authority funded Residents, a formal service contract between the Home and the Authority will be agreed in addition to the above.

Any contract with Residents shall be based on the above information and in compliance with the Care Quality Commission regulations.

Prior to admission the pre-admission assessment and Care Plan sheets will be given to the person responsible for the Residents care.

Before six weeks have elapsed a placement review will take place for each Resident and their care plan will be reviewed. Where a Resident has an allocated Care Manager they will organise the placement review and arrange a date, six weeks after admission and as required thereafter. Where there is no Care Manager the key worker or named nurse will organise and arrange a multidisciplinary placement review, six weeks after admission and six monthly thereafter.

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The Care Plan will be reviewed in the Home on at least a monthly basis in addition to the placement reviews. Full involvement by families or advocates is actively encouraged.

We recommend all potential Residents, relatives and friends visit the Home to assess our facilities and their suitability. All potential Residents are offered the opportunity to move in on a trial basis before they or their representatives make a decision to stay permanently.

### **Dementia Care**

Within Stanley Wilson Lodge we have a designated living area for Residents that have dementia. In order to ensure good practice is set within dementia care all our staff attend dementia training. We also work closely with our local GP's and other outside agencies such as CPN's, District Nurses, Dieticians and the Falls Coordinator to ensure a high quality of dementia care is provided and maintained.

### **Emergency Admissions**

Emergency admissions are not frequent but occasionally a crisis arises and Social Services Emergency Duty Team will arrange for an older person to be admitted to Stanley Wilson Lodge. The home will endeavour to gather as much information as possible about the resident and staff will support that Resident to help reduce anxiety and distress. A review will be held within 48 hours of admission.

### **Care Planning**

A Care Plan is developed with each Resident and their key worker, and reflects the Residents individual needs and wishes. Residents and their relatives (with the Residents permission) may have a copy of their care plan.

Care Plans are regularly updated, (at least monthly) to reflect and address the changing needs of the Residents; which are discussed and agreed with them.

Reviews of the Care Plan will take place at monthly intervals or as a need changes.



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## **Key Worker Role**

A designated member of staff will be assigned to each Resident to support and develop a caring relationship with the Residents so as to provide both guidance and counselling help as appropriate. They will also develop communication with families and external agencies. A full description of the key worker role is available if required.

## **Resident of the Day**

At the heart of our quality system is the concept of 'Resident of the Day'. This concept provides a structured approach for all staff to get to know the people they care for better. It helps staff to understand what is important to the person and how they can help meet their wishes and needs. It gives the person who uses the service, and their family, a formal, planned opportunity to share their experience of living in the home and receiving care. The chef, administrator, housekeeper and Care Manager visits the person, their room is deep cleaned and any changes identified and planned for. A letter is provided to the individual, and their family if they so wish, which explains the concept and tells them their allocated date. The same date is allocated to the person who uses the service every month and is deemed 'their day'. An invitation should also be sent to the relevant professionals for their input e.g. district nurses, T.V.N , G.P and dieticians as applicable.

## **Medication**

Staff who have had medication training administer medicines in the home however, should Residents wish to administer their own medicines a lockable space will be provided (unless a risk assessment indicates otherwise).

## **Privacy, Dignity, Rights and Choice**

The following information summarises the commitment we have to ensure the rights of all Residents are respected at all times.

### **Privacy**

- ◆ Staff will knock and wait before entering a Residents room.
- ◆ Staff are aware of the need to maintain confidentiality.
- ◆ When undertaking personal care procedures, these are provided in private.

## Dignity

- ◆ All communication with Residents is respectful.
- ◆ Residents are called by their preferred name.
- ◆ Open visiting is welcome and arrangements for privacy are in place.
- ◆ Private access to a telephone is available.
- ◆ Residents are offered a variety of activities and entertainment.
- ◆ Residents are able to choose their own clothes and purchase their own clothes.
- ◆ Residents preference to receive care from a male or female is respected whenever possible.

## Rights

- ◆ Residents are able to voice views at meetings and individually
- ◆ Residents and chosen advocates are consulted when planning care
- ◆ Residents have a right to take risks
- ◆ Complaints are treated with sensitivity and Residents are encouraged to voice concerns without fear of reprisal
- ◆ Residents give informed consent to treatment and have a right to refuse treatment or care
- ◆ Residents are encouraged to bring their own furniture and possessions
- ◆ Residents are involved in all aspects of planning their care and treatment

## Choice

- ◆ Residents may choose the time they rise and go to bed, the time they get washed and dressed, the number of showers, baths they have and choose where they eat
- ◆ Residents have a choice of meals
- ◆ Residents are allowed and encouraged to choose their General Practitioner
- ◆ Residents are consulted when reviewing menus

## Fulfilment

- ◆ Residents are encouraged to fully realise their personal aims
- ◆ Residents are encouraged to fully realise their full potential
- ◆ Residents are happy and contented with their quality of life



# Providing Residential Nursing and Dementia Care For the Elderly



# Providing Residential Nursing and Dementia Care For the Elderly

Statement of Purpose

## Rights of the Home and its Occupants

- ◆ Residents must respect the property and belongings of others
- ◆ Residents must respect the privacy of other Residents at the home
- ◆ Residents must respect the rights of other people and allow them to continue in their beliefs and to make their own choices
- ◆ Residents must respect both other Residents and staffs' ethnic background, language, culture and faith
- ◆ Residents must consider other Residents in the home and not cause unnecessary noise, pollution or disturbance.

## Data Protection Act

In order to provide services we need to record your details which you have a right to see and check.

Information may be shared with other organisations we work with to provide services to you.

We will process and safeguard your details in accordance with the Data Protection Act. Information may be used in connection with the prevention and detection of crime.

Your permission is required to disclose personal information.

The address of the information Commissioners Office who ensures compliance with the legislation is given within our complaints section.

## Principles

There are eight principles put in place by the Data Protection Act 1998 to make sure that your information is handled properly.

Data must be:

- ◆ Fairly and Lawfully processed
- ◆ Processed for limited purposes
- ◆ Adequate, relevant and not excessive
- ◆ Accurate
- ◆ Not kept for longer than necessary
- ◆ Processed in line with your rights
- ◆ Secure
- ◆ Not transferred to countries without adequate protection
- ◆ By law data controllers have to keep to these principles.

# Social Activities, Hobbies and Leisure Interests

## Visitors

We have an 'Open Door' policy and visitors are welcomed at any time that is convenient to the Residents with the exception of our protected mealtimes unless they are dining with a Resident. Quiet rooms are available on each floor for Residents to use if they wish to receive their visitors in a more private setting.

We ask that visitors arriving after 8pm should telephone the home in advance for security reasons.

## Activities

We aim to provide as varied a programme as possible. This is, in addition, to one to one activities based on social assessments undertaken to identify interests and abilities.

Activities are as person centred as possible and Residents are able to carry out activities that are meaningful to them.

The programme is displayed on the homes notice board. We shall discuss the programme with Residents and relatives on an ongoing basis to ensure it remains interesting and enjoyed.

We shall encourage outside links with the community and work towards continuing to facilitate interests followed prior to admission.

## Additional Therapies

The home can provide information on additional therapies such as physiotherapy, reflexology and aromatherapy, and these services can be arranged to visit the Resident At Stanley Wilson Lodge at an additional cost.

This list is not exhaustive and continuation of any additional therapies that a resident uses prior to admission would be encouraged.



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### **Spiritual Needs**

We try to meet all religious and spiritual needs and will encourage regular visits to the home by representatives from local churches or places of worship.

Individual requests will be discussed with each Resident on admission.

### **Advocacy**

Advocacy services are available; details of the local advocacy service are available.

### **Post arrangements**

The administrator is responsible for all post that arrives in the home; they will ensure all post is delivered to the relevant person unopened the same day that it arrives. Assistance is available if required to open and read post.

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## **Resident and Relative Meetings**

Resident's meetings are held to discuss any issues that they may have, minutes from these meeting are available upon request.

Relatives meetings are also held to discuss any issues, minutes from these meetings are available upon request. Details of planned meetings are on display within the home.

## **Resident/Relative Satisfaction Surveys**

These are routinely sent out to current Resident and their families on a quarterly basis. These surveys are returned to the company's Communication and Support team who collate the information and produces a booklet showing the results, this is then sent out to the Home Manager who will display the results in the front hall and include any proposed action to be taken. Copies of these results are sent to Care Quality Commission, Social Services Contracts Managers and the Company Directors.

## **Quality Assurance**

The home is registered and inspected by The Care Quality Commission, who carries out regular inspections.

We may also be inspected by the following professional bodies:

- ◆ The Pharmacist
- ◆ Fire Service
- ◆ Health and Safety Executive
- ◆ Environmental Health
- ◆ Placement Officers/Care Managers
- ◆ County Council Contracts Monitoring
- ◆ Company personnel
- ◆ Training personnel

This list is not exhaustive.

Regular audits are undertaken by Company Personnel to monitor care standards and facilities.

Any change to our statement of purpose will be notified to the Care Quality Commission within 28 days.

Should a variation of registration be required in the future, a revised Statement of Purpose will be submitted to support the application.



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## Fire Prevention Policy

### Policy Statement

Stanley Wilson Lodge is committed to the highest standard of fire prevention and control. Our policies have been developed to take account of the advice given to the company from the Fire Service Authority. Every effort is made to make sure all our equipment complies with current fire safety standards. All personnel are provided with fire safety instructions during the first session of their induction programme and given regular updates including fire evacuation exercises.

### Fire Procedure

- ◆ Stanley Wilson Lodge has a Fire Safety system that complies with current fire regulations that is approved by the local Fire Service.
- ◆ The General Manager or the nominated representative under takes a weekly check on the fire alarm system. The system is tested weekly and the test is recorded in the fire test register and kept at the care home.
- ◆ There is regular testing and maintenance of all fire extinguishers in line with current best practise. These tests are recorded in the fire register and are made available along with all test certificates during statutory inspections.
- ◆ All electrical appliances in the building are checked annually. The date of the test is noted on the appliance and entered in the fire appliance test register.
- ◆ All new purchased electrical appliances and any electrical appliances brought into the building by the Resident or next of kin/significant other must be checked by the Maintenance Department before they are brought into use.
- ◆ All personnel receive fire safety training as part of their induction and ongoing staff training and development. This is recorded in the fire safety register
- ◆ The designated fire evacuation point for each home has been agreed with the fire service and is prominently displayed throughout the building.
- ◆ All fire drill exercises are recorded in the fire register.

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## Fire Action

If you discover a fire activate the fire alarm immediately.

Attack the fire, if possible, with the equipment provided, but do not take any personal risk.

On hearing the alarm a responsible person will call the Fire Brigade immediately.

### Dial "999" (After pressing 9 to obtain an outside line)

The caller will remain calm and speak clearly and slowly to the operator and the operator will ask for the following information:

What emergency service do you require? State: **FIRE SERVICE**

Where is the fire? State: **Stanley Wilson Lodge, Four Acres, Saffron Walden, Essex. CB11 3JE**

What is the number of the telephone that you are calling from? State: **01799 529189**

What is your name? State: **My name is.....**

The operator or fire service may require the following information:

The type of home and the number of people in the building. This will include the Residents, visitors and all staff.

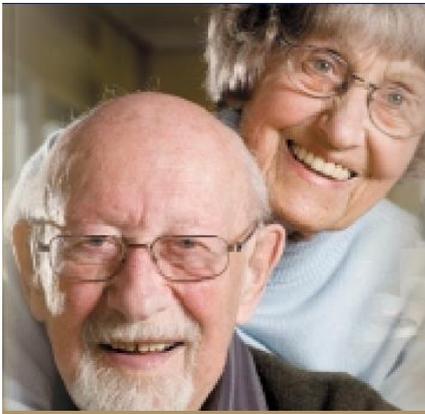
The number of bed and wheelchair dependent people in the building.

Staff should immediately start moving Residents, visitors and staff horizontally away from the site of the fire. There must be at least two fire doors between these people and the site of the fire.

This gives you a minimum of 60 minutes fire resistance.



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A member of staff should be detailed to contact the manager on call and advise him/her of the situation. This person will alert other appropriate managers.

A senior member of staff on duty should be detailed to meet the fire service and direct them to the fire. They will also want the senior member of staff on duty to be identified to them.

From the time of the arrival of the fire service the senior member of staff on duty should accept direction from the senior fire officer who will advise when the Residents, visitors and staff can return to their floor and rooms.

At the end of the emergency the senior fire officer will debrief all staff.

The senior member of staff on duty must require the senior fire officer to make an entry in the fire register.

## Dealing with Complaints and Compliments

It is our belief that any comments, whether these be positive or critical can help in the improvement of Quality Standards and we are always pleased to receive feedback on the service provision.

Should anyone with an involvement in the home have cause for complaint, we would be happy to investigate the matter fully, record the details and offer a detailed explanation of the incident/occurrence and advise on action that has been taken. As a company we have a direct line to our Head Office who record and monitor Compliments and Complaints. The direct telephone number is 0800 1412168.

If a complaint is raised with a member of staff, the matter will be brought to the attention of the General Manager who will proceed to look into the matter in order to resolve the issue. The General Manager will also take steps to minimise the risk of a recurrence of the issue.

If the General Manager is unable to resolve the issue, the matter will be referred to the Regional Manager. We provide an initial response within 7 working days and a further response in conclusion of the investigation within 28 days of receipt detailing any action to be taken.

In the event of the complainant not being satisfied, the person will be advised that the matter can be referred to Strategic Director for Excelcare and/or Care Quality Commission and/or the Local Authority Social Service Department.

Data protection concerns should be addressed to the Information Commission Office.



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## **The relevant addresses are:**

### **Helen Bennett – Regional Manager**

Essex Regional Office  
Sherrell House  
414 Fencepiece Road  
Chigwell  
Essex. IG7 5DP  
Email: [helen.bennett@excelcareholdings.com](mailto:helen.bennett@excelcareholdings.com)  
Tel: 0208 501 3389  
Mobile: 07984 619138

### **Head Office**

Excelcare  
Ertosun House  
61 Widmore Road  
Bromley, Kent BR1 3AA  
Email: [karen.davis-read@excelcareholdings.com](mailto:karen.davis-read@excelcareholdings.com)  
Tel: 0208 313 5000

### **Care Quality Commission**

CQC Eastern Region  
City gate  
Gallowgate  
Newcastle upon Tyne NE1 4PA  
Tel: 03000 616161 Fax: 03000 616171

### **Contracts and Care Placements**

Essex County Council  
County Hall  
Chelmsford  
Essex CM1 1HQ  
Tel: 01245 434699

### **Local Government Ombudsman**

Local Government  
P.O. Box 4771  
Coventry CV4 0EH  
Tel: 0300 061 0614 or 0845 602 1938

### **Information Commission Office (Data Protection)**

Wycliffe House  
Water Lane  
Wilmslow  
SK9 5AF  
Tel: 01625 545740

# STANLEY WILSON LODGE



[www.excelcareholdings.com](http://www.excelcareholdings.com)



**Statement of Purpose**  
**Revised May 2016**

[www.excelcareholdings.com](http://www.excelcareholdings.com)

